

# ANTHEM BLUE CROSS AND BLUE SHIELD HEALTHCARE SOLUTIONS HEALTHCARE SERVICES INFORMATION

Location	Medical benefits	Hospitals	Value-added benefits	Obstetrical provider access	Pharmacy	Urgent care	Mental health services
North	<ul style="list-style-type: none"> <li>Unlimited visits to a primary care doctor you choose</li> <li>Specialist care</li> <li>Wellness care and Healthy Kids (EPSDT) services, including childhood immunizations</li> <li>Urgent and emergent medical care with emergency transportation</li> <li>Inpatient and outpatient hospital services</li> <li>Family planning and midwives</li> <li>Circumcision</li> <li>Labs and X-rays</li> <li>24/7 NurseLine to answer your medical questions and concerns day or night. Available in English and Spanish</li> <li>LiveHealth® Online — visit a doctor via online video any time of day or night. Available in English and Spanish</li> <li><b>FREE</b> yearly eye exam and medically necessary contacts or glasses</li> <li>Diabetic care, education, and podiatry services</li> <li>Physical, occupational, and speech therapy</li> <li>Home healthcare</li> <li>Durable medical equipment services and devices</li> <li>Chronic disease case management and education</li> <li>Peak flow meters for asthma</li> <li>Weight-loss surgery</li> <li>Holistic stop-smoking program</li> <li>Gender-affirming care</li> <li>Medical nutrition therapy to address nutrition-related issues when medically necessary</li> </ul>	<ul style="list-style-type: none"> <li>Carson Valley Medical Center</li> <li>Carson Tahoe Regional Medical Center</li> <li>Northern Nevada Medical Center</li> <li>Northern Nevada Sierra Medical Center</li> <li>Renown Medical Center</li> <li>Renown South Meadows Medical Center</li> <li>St. Mary's Regional Medical Center</li> </ul>	<b>FREE EXTRA BENEFITS</b> <ul style="list-style-type: none"> <li><b>FREE Club Membership</b> (Costco Gold Star or Sam's Club)</li> <li><b>\$200</b> for eligible members towards childcare for kids 5–10</li> <li><b>\$100 Youth Club Memberships</b> to help cover Boys &amp; Girls Club for ages 5–14, 4H, YMCA and more</li> <li><b>\$50</b> extra vision benefit for glasses</li> <li><b>FREE</b> sports physicals for ages 6–18</li> <li><b>FREE</b> online fitness resources for ALL ages</li> <li><b>FREE WW Core®</b> (formerly called Weight Watchers™) voucher good for 3-months membership for ages 18+</li> <li><b>\$100</b> card towards gym membership or 2 items from catalog for eligible members ages 18+</li> <li><b>\$100</b> gift card for eligible members to purchase products for pain management</li> <li><b>FREE</b> GED/HiSET (High School Equivalency Test) gift card</li> <li><b>\$100</b> toward industry certification assistance, uniform, interview attire, tools, or styling supports for ages 18+</li> <li><b>\$100</b> gift card for test support, college application fees and more for ages 17+</li> <li><b>FREE</b> life transition kit with first-aid supplies, dental hygiene supplies, restaurant gift card, and an emergency blanket for eligible members</li> <li><b>\$75</b> Healthy Grocery card for eligible members to purchase healthy groceries in stores or online</li> <li><b>FREE</b> meditation app for ages 26 and younger</li> <li><b>FREE</b> Emotional Well-Being resource for ages 13+</li> <li><b>FREE</b> Community Resource Link to find help online for local community-based programs, benefits, and services</li> <li><b>\$75</b> gift card to purchase menstruation hygiene products for menstruating members ages 10–18 or experiencing homelessness</li> <li><b>\$150</b> gift card toward swim lessons for eligible members up to age 18</li> <li><b>Choose Free 2 items</b> from Asthma/COPD catalog for eligible members</li> <li><b>\$200</b> card toward cost of Summer Camp for eligible members</li> <li><b>Choose Free 2 Home Safety items</b> ages 1-4</li> <li><b>\$100</b> Gift card toward sensory regulation products for eligible members under age 18</li> <li>Free access to tobacco cessation program ages 18+</li> </ul>	Large network of obstetricians (OB) to choose from. Members in their third trimester can keep getting care from their current OBs even if the OB is not in our plan. <b>FREE SERVICES FOR PREGNANT/POSTPARTUM MEMBERS</b> <ul style="list-style-type: none"> <li>Nurse case managers offer emotional support, education, and other services</li> <li>New Baby, New Life<sup>SM</sup> health education and rewards program to help you have a healthy pregnancy with up to <b>\$75</b> in rewards for doctor visits</li> <li><b>FREE</b> electronic breast pump</li> <li><b>Two weeks FREE</b> home-delivered meals after delivery or hospital discharge</li> <li><b>\$200</b> gift card to purchase baby items or nursing support items</li> <li><b>One-month bus pass, or \$50 Uber card, \$50 gas card, one-month bus pass, or Free AAA membership</b> for postpartum members (up to 12 months) and children aged 5 years and younger</li> <li><b>\$35</b> for eligible members gift card to purchase books</li> <li><b>10 weeks FREE</b> home-delivered meals for members with gestational diabetes</li> </ul>	Prescription and over-the-counter medicines (when prescribed by your doctor). Choose from pharmacies, like: <ul style="list-style-type: none"> <li>Walmart</li> <li>Sam's Club</li> <li>Smith's Food &amp; Drug Center</li> <li>CVS</li> <li>And more</li> </ul> Or use Carelon Rx mail-order pharmacy.	Unlimited access to urgent care at these locations:  <b>Urgent Care Centers:</b> <ul style="list-style-type: none"> <li><b>Carbon Health Alpha Medical Group of Florida</b> 5067 S. McCarran Blvd. 775-298-5379</li> <li><b>Carson Tahoe Dayton Urgent Care</b> 9001 Medical Center Drive, #101 775-445-7330</li> <li><b>Carson Tahoe Health Urgent Care</b> 1201 S. Carson St. 775-445-7210</li> <li><b>Carson Valley Medical Center Urgent Care</b> 897 Ironwood Drive 775-782-1610</li> <li><b>Northern Nevada Urgent Care</b> 5575 Kietzke Lane 775-502-1400 5265 Vista Blvd., Building B 775-355-5010</li> <li><b>Renown Health Urgent Care</b> 775-982-5000 All locations</li> <li><b>St Mary's Urgent Care</b> 6255 Sharlands Ave. 775-770-7580 5070 Ion Drive, #100 775-770-7727 18653 Wedge Parkway, #300 775-770-7210 280 Vista Knoll Parkway, #106 775-734-0246</li> <li><b>The Clinic at Walmart</b> 775-445-7220 3200 Market St. 3770 US Hwy 395 S. 1511 Grant Ave.</li> </ul>	<ul style="list-style-type: none"> <li>Inpatient and outpatient behavioral health services</li> <li>Inpatient and outpatient psychiatry services</li> <li>Inpatient and outpatient Alcohol/Substance use treatment services</li> <li>Inpatient alcohol/substance use detoxification program</li> <li>24-hour crisis team</li> <li>Partial Hospitalization Program (PHP)</li> <li>Intensive Outpatient Program (IOP)</li> <li>Psychosocial Rehabilitation (PSR)</li> <li>Basic Skills Training (BST)</li> <li>Individual, family, and group therapy</li> <li>In-person and telephonic case management</li> <li>24/7 Psychiatric Urgent Facility (referral needed)</li> <li>Peer-supported mental health and substance use program</li> <li>Mental health services for patients of all ages with autism or related diagnoses</li> <li>App-based support for members diagnosed with substance use disorder</li> <li>App-based support for members diagnosed with mental health conditions, focused on support with loneliness</li> </ul>
	<1041497NVMENABS 03/24>		<b>EARN MONEY FOR COMPLETING CHECKUPS</b> <ul style="list-style-type: none"> <li><b>\$100</b> for childhood wellness visit</li> </ul>				

ANTHEM BLUE CROSS AND BLUE SHIELD HEALTHCARE SOLUTIONS HEALTHCARE SERVICES INFORMATION

			<ul style="list-style-type: none"><li>• \$25 for first prenatal care visit</li><li>• \$50 for postpartum care visit</li><li>• \$80 for well-child visits in first 30 months</li><li>• \$100 for first dose of COVID-19 vaccine</li><li>• \$25 for flu shot</li><li>• \$25 for combo-10 childhood immunizations</li><li>• \$50 for breast cancer screening</li><li>• \$50 for cervical cancer screening</li><li>• \$25 for diabetic retinal eye exam</li><li>• \$25 for diabetic A1C screening</li><li>• \$40 for asthma medication refills</li><li>• \$40 for high blood pressure medication refills</li><li>• \$10 for new-member health needs screener</li><li>• \$5 for vaccine quiz</li><li>• \$35 for human papillomavirus (HPV) vaccination</li><li>• \$25 for diabetes screening and antipsychotic medication management for those with both diabetes and schizophrenia or bipolar disorder</li><li>• \$25 for seven-day follow-up after behavioral health emergency visit</li><li>• \$25 for 30-day follow-up after behavioral health discharge</li><li>• \$5 for diabetes quiz</li><li>• \$5 for diabetes nutrition quiz</li></ul> <p><b><u>FREE EXTRAS TO HELP YOU TAKE THE NEXT STEP</u></b></p> <ul style="list-style-type: none"><li>• \$100 for internet*</li><li>• Access to shelter beds and housing*</li><li>• ID replacement help and cost coverage*</li><li>• FREE laptop*</li></ul> <p>* For eligible member transitioning out of incarceration.</p>				
--	--	--	--	--	--	--	--

# ANTHEM BLUE CROSS AND BLUE SHIELD HEALTHCARE SOLUTIONS HEALTHCARE SERVICES INFORMATION

Location	Medical benefits	Hospitals	Value-added benefits	Obstetrical provider access	Pharmacy	Urgent care	Mental health services
South	<ul style="list-style-type: none"> <li>Unlimited visits to a primary care doctor you choose</li> <li>Specialist care</li> <li>Wellness care and Healthy Kids (EPSDT) services including childhood immunizations</li> <li>Urgent and emergent medical care with emergency transportation</li> <li>Inpatient and outpatient hospital services</li> <li>Family planning and midwives</li> <li>Circumcision</li> <li>Labs and X-rays</li> <li>24/7 NurseLine to answer your medical questions and concerns day or night. Available in English and Spanish</li> <li>LiveHealth® Online — “visit” a doctor via online video any time of day or night. Available in English and Spanish</li> <li><b>FREE</b> yearly eye exam and medically necessary contacts or glasses</li> <li>Diabetic care, education, and podiatry services</li> <li>Physical, occupational, and speech therapy</li> <li>Home healthcare</li> <li>Durable medical equipment services and devices</li> <li>Chronic disease case management and education</li> <li>Peak flow meters for asthma</li> <li>Weight-loss surgery</li> <li>Holistic stop-smoking program</li> <li>Carelon Health Care Centers: personalized care from a team of doctors and providers for members with complex, chronic needs</li> <li>Gender-affirming care</li> <li>Medical Nutrition Therapy to address nutrition-related issues when medically</li> </ul>	<ul style="list-style-type: none"> <li>Boulder City Hospital</li> <li>Centennial Hills Hospital Medical Center</li> <li>Henderson Hospital</li> <li>Mesa View Regional Hospital</li> <li>Mountainview Hospital</li> <li>North Vista Hospital</li> <li>Southern Hills Hospital and Medical Center</li> <li>Spring Valley Hospital Medical Center</li> <li>Summerlin Hospital Medical Center</li> <li>Sunrise Hospital and Medical Center</li> <li>Sunrise Children’s Hospital</li> <li>University Medical Center</li> <li>Valley Health Specialty Hospital</li> <li>Valley Hospital Medical Center</li> <li>West Henderson Hospital</li> </ul>	<p><b><u>FREE EXTRA BENEFITS</u></b></p> <ul style="list-style-type: none"> <li><b>FREE Club Membership</b> (Costco Gold Star or Sam’s Club)</li> <li><b>\$200</b> for eligible members towards childcare for kids 5–10</li> <li><b>\$100 Youth Club Memberships</b> to help cover Boys &amp; Girls Club for ages 5–14, 4H, YMCA and more</li> <li><b>\$100</b> extra vision benefit for glasses</li> <li><b>FREE</b> sports physicals for ages 6–18</li> <li><b>FREE</b> online fitness resources for ALL ages</li> <li><b>FREE</b> WW Core® (formerly called Weight Watchers®) voucher good for 3-months membership for ages 18+</li> <li><b>\$100</b> card towards gym membership or 2 items from catalog for eligible members ages 18+</li> <li><b>\$100</b> gift card for eligible members to purchase products for pain management</li> <li><b>FREE</b> GED/HiSET (High School Equivalency Test) gift card</li> <li><b>\$100</b> toward industry certification assistance, uniform, interview attire, tools, or styling supports for ages 18+</li> <li><b>\$100</b> gift card for test support, college application fees and more for ages 17+</li> <li><b>FREE</b> life transition kit with first-aid supplies, dental hygiene supplies, restaurant gift card, and an emergency blanket for eligible members</li> <li><b>\$75</b> Healthy Grocery card for eligible members to purchase healthy groceries in stores or online</li> <li><b>FREE</b> meditation app for ages 26 and younger</li> <li><b>FREE</b> Emotional Well-Being resource for ages 13+</li> <li><b>FREE</b> Community Resource Link to find help online for local community-based programs, benefits, and services</li> <li><b>\$75</b> gift card to purchase menstruation hygiene products for menstruating members ages 10–18 or experiencing homelessness</li> <li><b>\$150</b> gift card toward swim lessons for eligible members up to age 18</li> <li><b>Choose Free 2 items</b> from Asthma/COPD catalog for eligible members</li> <li><b>\$200</b> card toward cost of Summer Camp for eligible members</li> <li><b>Choose Free 2 Home Safety items</b> ages 1-4</li> <li><b>\$100</b> Gift card toward sensory regulation products for eligible members under age 18</li> </ul>	<p>Large network of obstetricians (OB) to choose from.</p> <p>Members in their third trimester can keep getting care from their current OBs even if the OB is not in our plan.</p> <p><b><u>FREE SERVICES FOR PREGNANT/POSTPARTUM MEMBERS</u></b></p> <ul style="list-style-type: none"> <li>Nurse case managers offer emotional support, education, and other services</li> <li>New Baby, New Life<sup>SM</sup> health education and rewards program to help you have a healthy pregnancy with up to <b>\$75</b> in rewards for doctor visits</li> <li><b>FREE</b> electronic breast pump</li> <li><b>Two weeks FREE</b> home-delivered meals after delivery or hospital discharge</li> <li><b>\$200</b> gift card to purchase baby items or nursing support items</li> <li><b>One-month bus pass, or \$50 Uber card, \$50 gas card, one-month bus pass, or Free AAA membership</b> for postpartum members (up to 12 months) and children aged 5 years and younger</li> <li><b>\$35</b> for eligible members gift card to purchase books</li> <li><b>10 weeks FREE</b> home-delivered meals for members with gestational diabetes</li> </ul> <p><b>Large network of obstetricians (OB) to choose from. Members in their third trimester can keep getting care from their current OBs even if the OB is not in our plan.</b></p>	<p>Prescription and over-the-counter medicines (when prescribed by your doctor). Choose from pharmacies, like:</p> <ul style="list-style-type: none"> <li>Walmart</li> <li>Sam’s Club</li> <li>Smith’s Food &amp; Drug Center</li> <li>CVS</li> <li>And more</li> </ul> <p>Or use CarelonRx mail-order pharmacy.</p>	<p>Unlimited access to urgent care at these locations:</p> <p><b>Urgent Care at Home:</b></p> <ul style="list-style-type: none"> <li><b>Dispatch Health at Home</b> 775-442-5872 dispatchhealth.com</li> <li><b>Doctoroo</b> 702-848-4443 doctoroo.com</li> <li><b>Ready Responders</b> 702-744-4000 getready.com</li> </ul> <p><b>Urgent care centers:</b></p> <ul style="list-style-type: none"> <li><b>1<sup>st</sup> Choice Urgent and Primary Care</b> 5625 Losee Road 702-766-5030</li> <li><b>Carefirst Urgent Care</b> 4360 Blue Diamond Road, #103 702-407-0524 5216 Boulder Highway, #105 702-547-6764</li> <li><b>CareNow Urgent Care</b> All locations urgentcarehere.com One 24/7 location</li> <li><b>Children’s Urgent Care &amp; Pediatric Clinic</b> 1600 W. Sunset Road, #A 702-898-6400 3424 N. Buffalo Drive, #100 702-233-0174</li> <li><b>Empowered Pain Primary &amp; Urgent Care Center of NV</b> 6465 W. Sahara Ave., #103 702-822-1881</li> <li><b>Health Xpress Medical Center</b> 5185 S. Durango Drive, #1 702-463-1400 11201 S. Eastern Ave., #110 702-992-3688</li> </ul>	<ul style="list-style-type: none"> <li>Inpatient and outpatient behavioral health services</li> <li>Inpatient psychiatric services</li> <li>Inpatient and outpatient alcohol/substance abuse treatment services</li> <li>Inpatient alcohol/substance abuse detoxification program</li> <li>24-hour mobile crisis team</li> <li>Partial Hospitalization Program (PHP)</li> <li>Intensive Outpatient Program (IOP)</li> <li>Psychosocial Rehabilitation (PSR)</li> <li>Basic Skills Training (BST)</li> <li>Individual, family, and group therapy</li> <li>In-person and telephonic case management</li> <li>Identification support</li> <li>24/7 Psychiatric Urgent Facility (referral needed)</li> <li>Peer-supported mental health and substance abuse program</li> <li>Mental health services for patients over 21 with autism</li> <li>App-based support for members diagnosed with substance use disorder</li> <li>App-based support for members diagnosed with mental health conditions, focused on support with loneliness</li> </ul>

# ANTHEM BLUE CROSS AND BLUE SHIELD HEALTHCARE SOLUTIONS HEALTHCARE SERVICES INFORMATION

	necessary		<ul style="list-style-type: none"> <li>Free access to tobacco cessation program ages 18+</li> </ul> <p><b>EARN MONEY FOR COMPLETING CHECKUPS</b></p> <ul style="list-style-type: none"> <li>\$100 for childhood wellness visit</li> <li>\$80 for well-child visits in first 30 months</li> <li>\$100 for first dose of COVID-19 vaccine</li> <li>\$25 for flu shot</li> <li>\$25 for combo-10 childhood immunizations</li> <li>\$50 for breast cancer screening</li> <li>\$50 for cervical cancer screening</li> <li>\$25 for diabetic retinal eye exam</li> <li>\$25 for diabetic A1C control &lt;8</li> <li>\$40 for asthma medication refills</li> <li>\$40 for high blood pressure medication refills</li> <li>\$10 for new-member health needs screener</li> <li>\$5 for vaccine quiz</li> <li>\$50 for human papillomavirus (HPV) vaccination</li> <li>\$25 for diabetes screening and antipsychotic medication management for those with both diabetes and schizophrenia or bipolar disorder</li> <li>\$25 for seven-day follow-up after behavioral health emergency visit</li> <li>\$25 for 30-day follow-up after behavioral health discharge</li> <li>\$5 for diabetes quiz</li> <li>\$5 for diabetes nutrition quiz</li> </ul> <p><b>FREE EXTRAS TO HELP YOU TAKE THE NEXT STEP</b></p> <ul style="list-style-type: none"> <li>\$100 for internet*</li> <li>Access to shelter beds and housing*</li> <li>ID replacement help and cost coverage*</li> <li>FREE laptop*</li> </ul> <p>* For eligible members transitioning out of incarceration.</p>			<ul style="list-style-type: none"> <li><b>Intermountain Healthcare</b> All locations hcpnv.com/urgent-care/ One 24/7 location</li> <li><b>Over the Rainbow Pediatric Urgent Care</b> 10170 S. Eastern Ave., #160 702-550-2273</li> <li><b>Parkway Urgent Care</b> 100 N. Green Valley Parkway, #110 702-436-7700</li> <li><b>Premier Urgent Care</b> 4550 E. Charleston Blvd. 702-623-8810</li> <li><b>ProCare Medical Center</b> All locations procaremedicalcenter.com</li> <li><b>Sahara West Urgent Care and Wellness</b> 6125 W. Sahara Ave. 702-248-0554 <b>UMCQuickCare</b>All locations umcsn.com</li> </ul>	
--	-----------	--	---	--	--	--	--

Choose **anthem.com/NV** or call us at **844-396-2329 (TTY 711)**